



The Monthly Chicken

The best farmers market newsletter since scrambled eggs!



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Farmers Market Week

This week is National Farmers Market Week! Everyone loves farmers markets (clearly you do too or you wouldn't be reading this newsletter)! For most of us city slickers, farmers markets allow the most direct access to fresh locally grown produce. A next generation farmers market like the Annex features that locally grown produce and much more. It's about making your trip to the farmers market not just grocery shopping, but an experience!



Come join us and see for yourself what all there is to offer. I mean, what better time is there to visit a farmers market than farmers market week? We will be having some fun during the week too. Today we posted our first Farmers Market Annex, Farmers Market Week Trivia, to social media. There, you can play along and maybe win some Market Bucks. We are also running a photo contest on Instagram, which you can read about elsewhere in this newsletter.

See you at the market this weekend!

Thank you for choosing to be a part of the Farmers Market Annex!

We are open
Apr 27 - Oct 27, 2019
Saturdays & Sundays
7:00am - 1:00pm

When you visit the Annex, please remember:

- No dogs
- No smoking
- Many vendors accept plastic. They all take cash!
- Bring a reusable bag or get a free one from us for Farmers Market Week!

We are a family friendly market and welcome everyone to visit and see what makes us a Next Generation Farmers Market

There's a sale at Jackie's!

Jackie's is having an end of the season clearance event! Yes, we don't want to think about summer ending either, but hey, its going to save you money, so clearly that's good! All their clothing be 30% off starting this Saturday, the 10th. So if you need some new, stylish, casual or athletic clothing, athleisure if you will, then stop by Jackie's this weekend.



Jackie's: Clothes you love to live in!

Farmers Market Fact:

For every dollar spent on locally grown produce at a farmers market, roughly 90 cents goes straight to the farmers. 1/10000 of a cent goes to me to write this newsletter. Thanks!

Farmers Market Fact:

US farms sold over \$8.7 billion of locally grown vegetables via farmers markets. We'd like to think the Farmers Market Annex contributed something no greater than \$3 billion of that.

Bonus: That produce is also fresher and cheaper than if you were to buy it from a grocery store!

Farmers Market Annex

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What's In Season

- B-Red Potatoes
- Banana Peppers
- Basil
- Beats
- Bell Peppers
- Bitter Melons
- Broccoli
- Cabbage
- Carrots
- Cauliflower
- Cherry Tomatoes
- Cilantro
- Cranberry Beans
- Dill



- Eggplant
- Garlic
- Green Beans
- Green Onions
- Hot Peppers
- Jalapenos
- Kale
- Kohlrabi
- Leeks
- Lettuce
- Okra
- Onions
- Parsley
- Peas
- Pickling Cucumbers
- Potatoes
- Radishes
- Rhubarb
- Roma Tomatoes
- Spinach
- Sponge Gourds
- Squash Blossoms
- Tomatillos
- Tomatoes
- Wax Beans
- Zucchini

The Farmers Market Annex Farmers Market Week Instagram Photo Contest

We are holding a photo contest on Instagram. Its simple to join:

- Come to the Annex
- Take a pic
- Post it to Instagram
- Tag us @farmersmarketannex or #farmersmarketannex or both!
- Wait to see if you win a prize. Our expert panel of judges will pick the best photo as our winner.



Be artsy, funny, creative, filtered, weird, boring, be anything in your photo, just make it good! You can use old photos you might have to or take new photos this weekend. We will decide our winner on Wednesday August 14th

Market Flowers This Month

The local flowers are in season, and that means Minnesota Grown Gladiolus are



here! We buy directly from our growers right here in the the greater metro area. These Glads are fantastic quality and come in a kaleidoscope of colors. So find yourself a tall vase and bring home some of these beauties!

MarketFlowersMpls.com



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Farmers Market Fact:

There are over 8700 farmers markets in the United States, but there is only 1 on our block in Minneapolis.

Farmers Market Fact:

Many farmers markets limit who can sell to just local growers. We open our stalls up to not just growers, but artists, craftspeople, concessions, and specialty sellers of all kinds. At the Annex we embrace not just local growers, but small business owners of all kinds.

Coming this winter next door to Market Flowers:
Unleashed Hounds and Hops
Minnesota's first combo indoor/outdoor off leash dog park, tap house and eatery!

unleashedhoundsandhops.com

Upcoming Events

Aug
10-11

- Live Music from Kirk and Low

Aug
24-25

- Live Music from Miles Warren

Labor
Day
Weekend

- Open Saturday and Sunday 7am-1pm. Closed on Monday.

Oct
12-13

- Trick or Treat at the farmers market